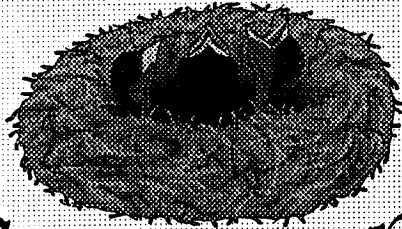
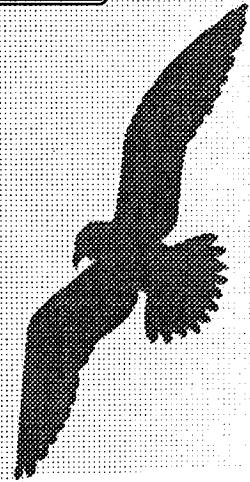


*"They shall
mount up...*

ON EAGLES' WINGS

*... with wings
as eagles.'*

Isaiah 40:31



AERY NUGGETS

"The voice of my beloved! Behold, he cometh leaping upon the mountains, skipping upon the hills. My beloved spake, and said unto me, Rise up, my love, my fair one, and come away." Song of Solomon 2:8 & 10

Bride of the Lamb, Awake! Awake!

Bride of the Lamb, awake! awake!

Why sleep for sorrow now?

Christ is thine__

A child of glory thou.

Thy spirit, through the lonely night,

From earthly joy apart,

Hath sigh'd for one that's far away,__

The Bridegroom of thy heart.

But lo, the night is waning fast,

The breaking morn is near;

And Jesus comes, with voice of love,

The hope of glory Thy drooping heart to
[cheer.

He comes__for, oh! His yearning heart

No more can bear delay__

To scenes of full unmingled joy,

To call His bride away.

This earth, the scene of all His woe,__

A homeless wild to thee,__

Full soon upon His heav'nly throne

Its rightful King shall see.

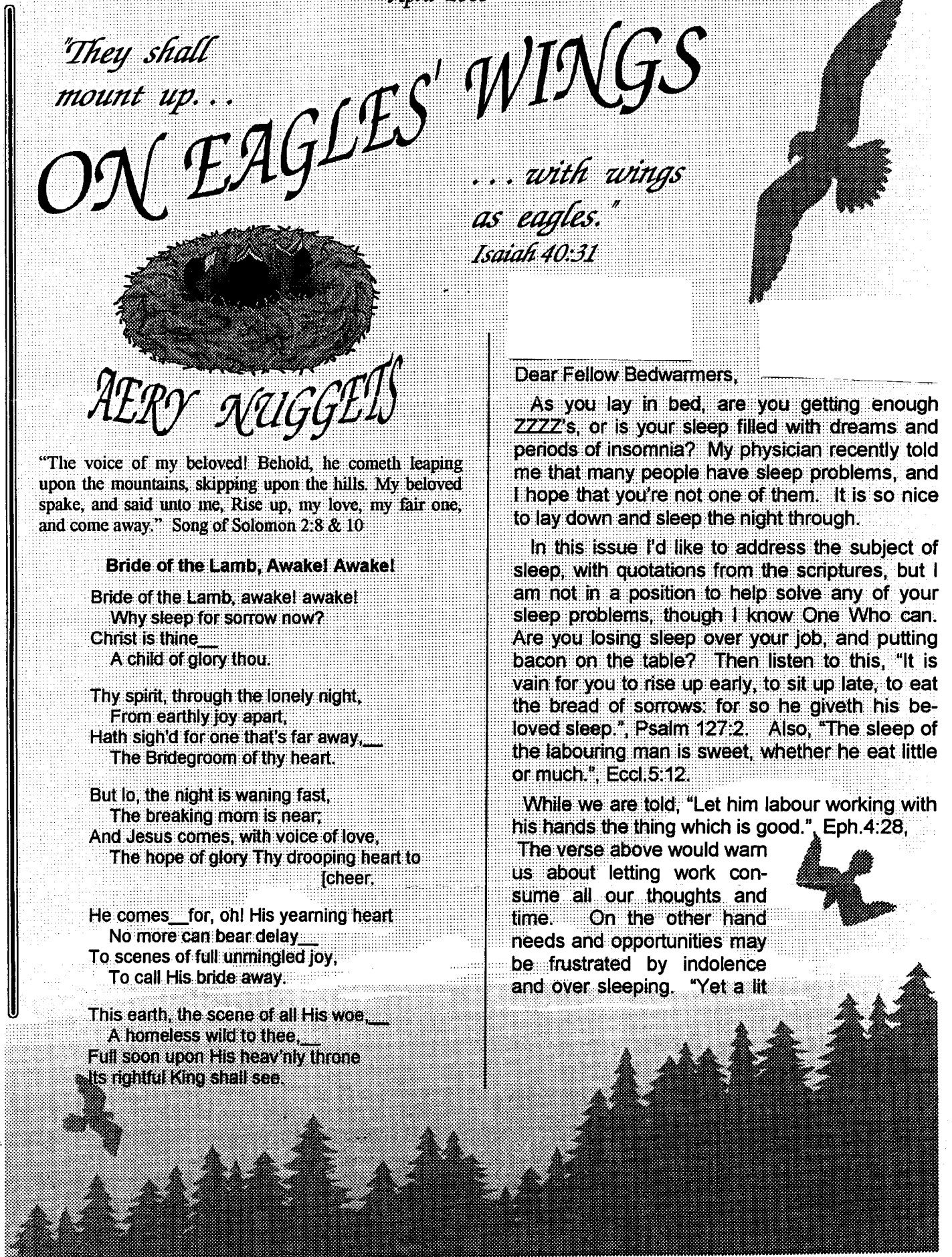
Dear Fellow Bedwarmers,

As you lay in bed, are you getting enough ZZZZ's, or is your sleep filled with dreams and periods of insomnia? My physician recently told me that many people have sleep problems, and I hope that you're not one of them. It is so nice to lay down and sleep the night through.

In this issue I'd like to address the subject of sleep, with quotations from the scriptures, but I am not in a position to help solve any of your sleep problems, though I know One Who can. Are you losing sleep over your job, and putting bacon on the table? Then listen to this, "It is vain for you to rise up early, to sit up late, to eat the bread of sorrows: for so he giveth his beloved sleep.", Psalm 127:2. Also, "The sleep of the labouring man is sweet, whether he eat little or much.", Eccl.5:12.

While we are told, "Let him labour working with his hands the thing which is good." Eph.4:28,

The verse above would warn us about letting work consume all our thoughts and time. On the other hand needs and opportunities may be frustrated by indolence and over sleeping. "Yet a lit



tle sleep, a little slumber, a little folding of the hands to sleep: so shall thy poverty come as one that travelleth; and thy want as an armed man.", Prov.24:33-34. "He that gathereth in summer is a wise son: but he that sleepeth in harvest is a son that causeth shame.", Prov.10:5.

Our word is first used in Gen.2:21 when the Master Surgeon performed a painless procedure on Adam to provide material from which to form Eve. "And the Lord God cause a deep sleep to fall upon Adam, and he slept, and he took one of his ribs, and closed up the flesh in stead thereof." Doesn't this remind us of the deep sleep of death the Lord Jesus fell into that He might win for Himself a bride?

Is your sleep filled with dreams? Pleasant ones I hope. Solomon concluded that, "A dream cometh through the multitude of business", Eccl.5:3, while Elihu told Job, "For God speaketh once, yea twice, yet man perceiveth it not. In a dream, in a vision of the night, when deep sleep falleth upon men, in slumberings upon the bed; Then he openeth the ears of men, and seaeth their instruction, that he may withdraw man from his purpose, and hide pride from man" (Job 33:14 -16).

Before the coming of the Holy Spirit, or the completion of God's word, He at times spoke to various people through dreams or visions. For example, Joseph's dream that his family would bow down to him, or Pharaohs dream indicating years of plenty and years of famine.

The inspired Word contains notable examples of insomnia experienced by two kings. King Ahasuerus had been spared assassination through the faithfulness of a despised man—Mordecai. No honor had been shown that man, and after a busy day, the king sought his rest, but, "On that night could not the king sleep, and he commanded to bring the book of records of the chronicles, and they were read before the king.", Esther 6:1.

While Daniel spent a night of safety in the lions den, "the king (Darius) went to his palace, and passed the night fasting: neither were instruments of musick brought before him: and his sleep went from him.", Daniel 6:18.

Now that we've got Daniel safely out of the lions' den, are you wide-awake and ready for some spiritual thoughts concerning sleep, and the lack of it. Something we need to be aware of first of all is the, "The wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord", Rom.6:23. So many are without concern for their souls, so the warning is given, "Awake thou that sleepest, and arise from the dead, and Christ shall give thee light", Eph.5:14.

Having responded to the wake-up call for salvation, don't settle back thinking that's all there is to it, for God expects growth of His children of faith, so we have this stentorian call, "Be not deceived: evil communications corrupt good manners. Awake to righteousness, and sin not; for some have not the knowledge of God", 1 Cor.15:34. Confirming our growth prospects we have this exhortation, "But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ", 2 Pet.3:18. Acquaintance with the Bible, the Word of God, is the nutritional source for our spiritual growth.

The Psalmist in 119:147-148 says, "I prevented the dawning of the morning, and cried: I hoped in thy word. Mine eyes prevent the night watches, that I might *meditate in thy word.*" Here is one who is willing to rise up early, to sit up late, to feed on God's Word. What an *example* for us. A comparable expression is found in Job 23:12, "*I have esteemed the words of his mouth more than my necessary food.*"

The prospect of one day being translated to heaven is set before us as believers, but "Hope deferred maketh the heart sick", Prov.13:12. So as the waiting time for this event is extended we tend to lose sight of it and let down our guard and become careless of our lifestyle. Therefore, "Knowing the time, that now it is high time to *awake out of sleep*: for now is our salvation nearer than when we believed.", Rom.13:11. The upshot of this warning is to have us, "*Put ye on the Lord Jesus Christ, and make not provision for the flesh, to fulfil the lusts thereof.*", Rom.13:14.

Don't be caught, "*asleep at the switch.*" "But *sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear*", 1 Pet.3:15.

Rest in Him,

Leslie L. Winters

Thou, too, shalt reign—He will not wear
His crown of joy alone!
And earth His royal Bride shall see
Beside Him on the throne.
Then weep no more! 'tis all thine own
His crown, His joy divine,
And sweeter far than all beside,
He, He Himself, is thine.

—Sir Edward Denny.

For address correction or free new name addition,

write to:
Leslie L. Winters or Christine Albury