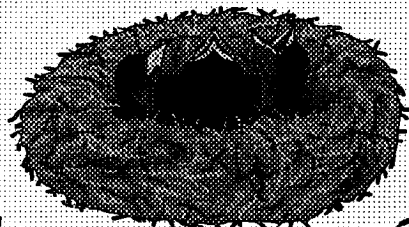
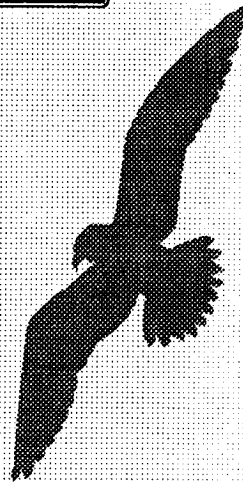


*"They shall
mount up...*

ON EAGLES' WINGS

*... with wings
as eagles."
Isaiah 40:31*



AERY NUGGETS

"From the end of the earth will I cry unto Thee,
when my heart is overwhelmed: Lead me to the
Rock that is higher than I. Psalm 61:2.

Hiding in Thee

**"O safe to the Rock that is higher than I
My soul in its conflicts and sorrows would fly;
So sinful, so weary -Thine, thine would I be:
Thou blest "Rock of Ages," I'm hiding in Thee.**

In the calm of the noon-tide, in sorrow's lone hour,
In times when temptation casts o'er me its pow'r
In the tempests of life, on its wide, heaving sea,
Thou blest "Rock of Ages," I'm hiding in Thee.

How oft in the conflict, when pressed by the foe,
I have fled to my Refuge and breathed out my woe:
How often, when trials like sea-billows roll,
Have I hidden in Thee, O Thou Rock of my soul.

**Hiding in Thee, Hiding in Thee,
Thou blest "Rock of Ages,"
I'm hiding in Thee.**

—William O. Cushing

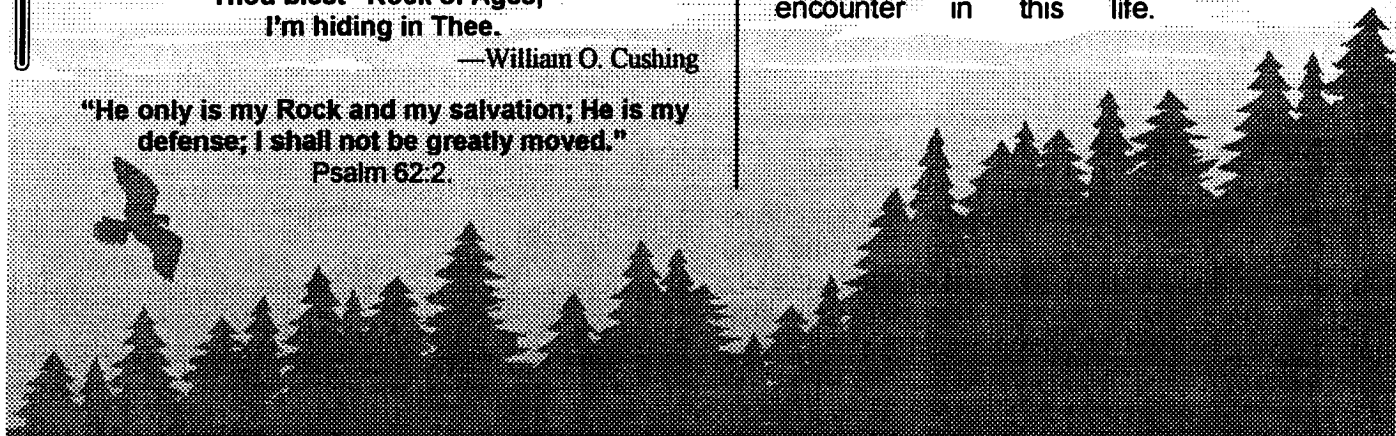
**"He only is my Rock and my salvation; He is my
defense; I shall not be greatly moved."
Psalm 62:2.**

Dear Friends,

I would like to direct your attention to the One who is a Rock of strength when we feel weak and helpless, a Rock of shelter when we feel the need of protection, and a Rock that is higher than us when we feel the need to be lifted up from the circumstances that often overwhelm us in our journey through this present evil world.

Recently I felt overwhelmed with so many things that had to be done and with the desire to help others who were going through trials and hardships. It was then that the Lord directed my attention to the verse at the beginning of this article.

What a tremendous relief it brings to our hearts when we can go to the Rock that is higher than we are. He is the One who can lift us up so that we are made to realize our weakness and His strength. He is over all and He will always give us the needed strength and wisdom to face whatever difficulties or trials we may encounter in this life.



The first time that a rock is mentioned in scripture is in Exodus 17:6. There we read that the children of Israel needed water to drink. Where could they find water in the wilderness? There was a rock in Horeb and Moses was instructed to smite the rock. When he did water flowed from the rock. We read in 1st Corinthians 10:4 That they "did all drink the same spiritual drink: for they drank of that spiritual Rock that followed them: and that Rock was Christ." It was on the cross that Christ was smitten and from His death the waters of life have flowed out to all those who feel their need of salvation. Isaiah 55:1,2. Jesus said: "If any man thirst, let him come unto Me, and drink. He who believes in Me, as the scripture hath said, 'from his innermost being shall flow rivers of living water.'" John 7:37.

David often spoke of his need of the Lord as his Rock. In Psalm 62 he wrote these words: "My soul, wait thou only upon God; for my expectation is from Him. He only is my Rock and my salvation; He is my defense; I shall not be greatly moved. In God is my salvation and my glory: the Rock of my strength and my refuge is in God."

We learn from this that David waited upon God for an answer to his prayer but his prayer was not answered immediately. But his expectation was from God. Why? Because God alone was his Rock, his salvation, his glory, the Rock of his strength and his refuge. This gave David the confidence to leave all his trials with God. How good to know that God is the same for us today.

We are told that we are to "Cast all our care (or anxiety) upon Him." Why? "For He careth for you." 1 Peter 5:7. How often we may do that and then continue to be anxious and troubled. I believe we need to stop and meditate upon the wonderful truth that the God who called the worlds into existence *cares about me*. He has numbered the very hairs of my head. Matthew 10:30. Why then can I not cast all my care, my problems upon Him. David also was inspired to write these words, "Cast thy burden upon the Lord and he shall sustain thee: He shall never suffer the righteous to be moved." Psalm 55:22.

A rock like the rock of Gibraltar makes us think of strength and security. Our Lord Jesus is our strength and security. He is a Rock in a weary land. We read in Isaiah 32:2 these wonderful words: "And a Man shall be as a hiding place from the wind, and a covert from the tempest; as rivers of water in a dry place, as the shadow of a great rock in a weary land." How often we need to place ourselves under His shadow.

How can we do this? We need to take the time to be alone in His presence before each day begins. We read in Nehemiah 8:10 that the "joy of the Lord is your strength." When we begin the day with God meditating upon His promises we will experience the joy of the Lord in our lives.

In Deuteronomy 32:4 we read these words: "He is the Rock, His work is perfect: for all His ways are judgment: a God of truth and without iniquity, just and right is He." David tells in 2 Samuel 22:2,3 "The Lord is my Rock, and my fortress, and my deliverer; the God of my Rock; in Him will I trust: He is my shield, and the horn of my salvation, my high tower, and my refuge, my Savior."

"For who is God, save the Lord? And who is a Rock, save our God? 2 Samuel 22:32.

We are living in the perilous times described in 2 Timothy 3: 1-5. The truth of the following hymn will keep us and give us the peace that passeth understanding.

The Solid Rock

My hope is built on nothing less
Than Jesu's blood—God's righteousness;
I dare not trust the sweetest frame,
But wholly lean on Jesu's Name.

When darkness seems to veil His face,
I rest on His unchanging grace:
In ev'ry high and stormy gale,
My anchor holds within the veil!

Eternally His promise stands,—
My name is graven on His hands!
When all around my soul gives way,
He still abides, my Hope and Stay!

On Christ, the solid Rock I stand:
All other ground is sinking sand!

—Edward Mote

In His wonderful love,

John D. McNeil

For address correction or free new name addition,
write to:
Leslie L. Winters or Christine Albury