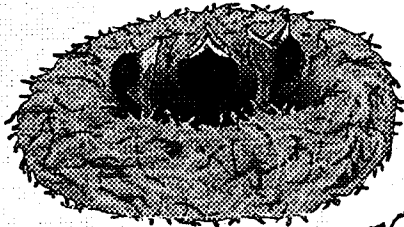
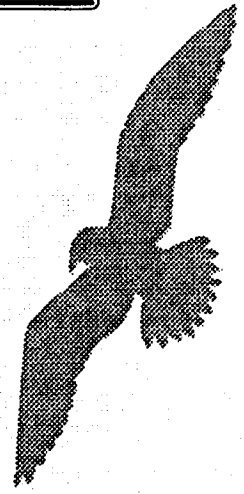


July 1998

*'They shall  
mount up...*

# ON EAGLES' WINGS

*... with wings  
as eagles."  
Isaiah 40:31*



## AERY NUGGETS

"Casting **all** your care upon Him; for He careth for you. 1 Peter 5:7.

"How sweet, my Savior, to repose  
On Thine almighty pow'r!  
To feel Thy strength upholding me  
Thro' ev'ry trying hour!

**It is Thy will that I should cast  
My ev'ry care on Thee;**  
To Thee refer each rising grief,  
Each new perplexity.

That I should trust Thy loving care,  
**And look to Thee alone,**  
To calm each troubled tho't to rest  
In prayer before Thy throne.

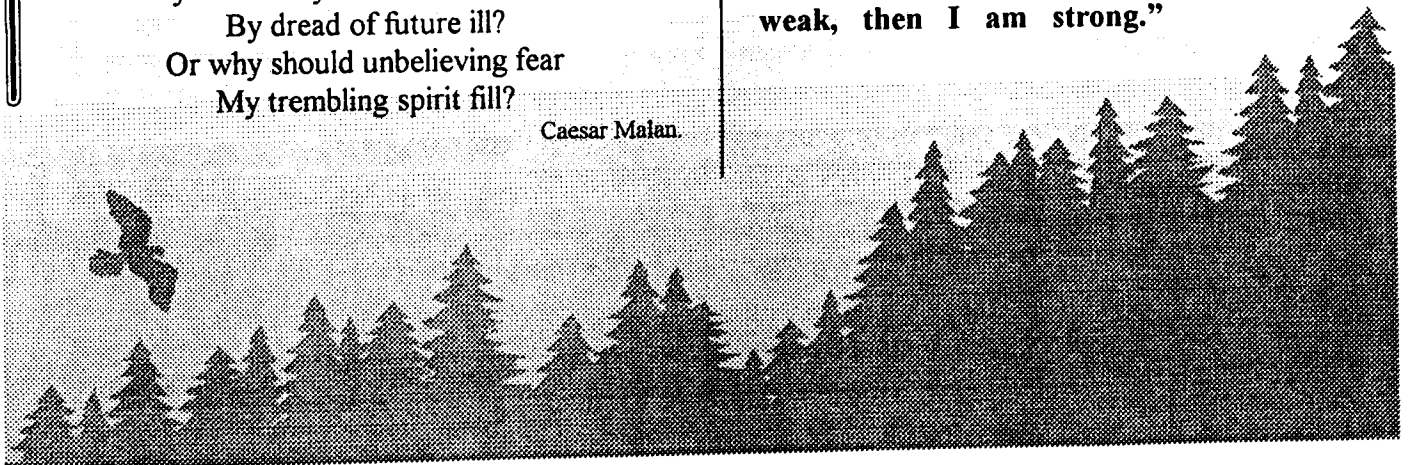
Why should my heart then be distress  
By dread of future ill?  
Or why should unbelieving fear  
My trembling spirit fill?

Caesar Malan.

"Upon God **alone** doth my soul rest peacefully; from Him is my salvation. He **only** is my rock and my salvation; my high fortress: I shall not be *greatly* moved. -- Upon God **alone**, O my soul, rest peacefully; for my expectation is from Him. He **only** is my rock and my salvation; my high fortress: *I shall not be moved.* Psalm 62:1,2, 5,6. JND

Dear Friends,

I was recently impressed with the above verses. The word "**alone**" and "**only**" caught my attention. If we are truly trusting God **alone** then our soul can rest peacefully. Our expectation is from Him. He will give us the needed grace and strength for every trial and difficulty in our life. "**My grace is sufficient for thee: for My strength is made perfect in weakness.**" 2 Corinthians 12:9. When we feel our weakness, our inability then we can realize His strength. "**For when I am weak, then I am strong.**"



How we need to, then cast all our care upon Him and thus rest upon Him and enjoy that peace that He alone can give us.

Another thing I noticed in this psalm was that David made progress in his prayer. He went from "I shall not be *greatly* moved to *I shall not be moved*. As we continue in prayer before Him we will experience that confidence that says "*I shall not be moved*."

The only way that this confidence in God can be experienced is to take time to be quiet in His presence. We need to get away for a short time from the noise and pressure that often surrounds us. "**In quietness and in confidence shall be your strength:**" Isaiah 30:15.

"Scientists report that noise has a definite effect on our working efficiency. Noise increases the pulse, quickens the blood pressure, and upsets the normal rhythm of the heart. Spiritual noise has just as bad an effect on spiritual life. The man (or woman) who is occupied with the things that keep him (or her) from hearing the voice of God in his (or her) heart is spiritually frustrated. *It is impossible for those who are spiritually noisy to have true peace of mind, peace of heart, and peace of soul!* This is why God has said, "**Be still, and know that I am God;**" (Psalms 46:10). Donald Grey Barnhouse,.

When we read God's Word we need to stop and think about what we have read. It helps if we ask ourselves a few questions. "What is the Lord saying here?" "To whom is He speaking?" "What would the Lord have me learn from this scripture?" As we are quiet in His presence meditating upon His Word we will begin to find that God Himself is really speaking to us in His Word. We will begin to look forward to this quiet time with the Lord. "**When He giveth quietness, who then can make trouble?**" Job 34:29.

A good way to have this quiet time is to begin and end the day with the Lord. "My voice shalt Thou hear *in the morning*, O LORD; in the morning will I direct my prayer unto Thee, and will **look up**." Psalm 5:3. After looking up to God in the morning we can then read a few scriptures and meditate upon them in His presence. When we do this we will be able to enjoy the peace that He brings into our lives. No

matter what the difficulties may be that we have to face during the day we will be able to say with David, "*I shall not be moved*."

At the end of the day we can again turn to the Lord in thanksgiving and praise for the day and be able to say with David, "**I will both lay me down in peace, and sleep: for Thou, LORD, only makest me dwell in safety.**" Psalm 4:8.

### BLESSED QUIETNESS

Joys are flowing like a river,  
Since the Comforter has come;  
He abides with us forever,  
Makes the trusting heart His home.

What a wonderful salvation,  
Where we always see His face!  
What a perfect habitation,  
**What a quiet resting place!**

**Blessed quietness, holy quietness,  
What assurance in my soul!  
On the stormy sea, He speaks peace to me,  
How the billows cease to roll!**

Manie Ferguson

In His love,

*John D. McNeil*

Whatever pursuits my time employ,  
One thought shall fill my soul with joy.  
That silent secret thought shall be,  
That all my hopes are fixed on Thee.

Thy glorious eye pervadeth space;  
Thy presence, Lord, fills every place;  
And what'ere my lot may be,  
Still shall my spirit cleave to Thee

John F. Oberline

For address correction or free new name addition  
please write to:  
Leslie L. Winters